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FOREWORD

THE sacred cause of frequent and daily Communion is, thanks be to God, undoubtedly gaining ground amongst us. It has even made some impression upon those whose formed habits of religious practice—the result of an early training opposed to the principles of Pope Pius's Decree—seemed to offer the toughest resistance. But it still seems true that the greater hope for a eucharistic future lies chiefly with the young. Neither deeply-rooted theories, nor the necessity of reforming long established customs, stand in the way of our rising generation. The young are still capable of being perfectly moulded upon the model proposed in the "Sacra Tridentina Synodus," of December 20, 1905. Thus, the accomplishment of the Papal desires, revealed in the Encyclical of Leo XIII.—"Miræ Caritatis" *—and put into definite shape by his apostolic successor, depends principally upon the Catholic educator of youth of whatever category.

* As this beautiful and too much ignored Encyclical—the last documentary legacy of Leo XIII.—is out of print, we have reproduced it in Appendix I.